



## *Extended Cruising*

### *Topics covered:*

- 1. The Boat*
- 2. The Sails*
- 3. The Well-found Vessel*
- 4. Passage Planning*
- 5. Passage Making*
- 6. Weather*
- 7. Oceanography*
- 8. Instrumentation*
- 9. Communications*
- 10. Adverse Conditions*